

# 25th Annual Best Practices in Brain Injury Services Conference "Shattering the Myths,

Unmasking the Opportunities"

# Break Out Friday, March 3, 2017 1:00-2:00pm

## Ashley Jobe, OTR/L, ITOT

Ashley Jobe, OTR/L, ITOT, graduated from St. Ambrose University with a bachelor's in Psychology and a master's degree in Occupational Therapy. She has worked in pediatrics her entire career and specializes in brain injury, vision rehabilitation, and neurosensorimotor primitive reflex integration. She is certified as an ImPact trained occupational therapist, and the Muscgatova Neurosensorimotor Reflex Integration approach. She helped with the development of the ChildServe Concussion Clinic along with Laura Van Dusseldorp, Hannah Jepson, and Dr. Fred Klingbiel. She continues to work with the ChildServe Concussion Team to provide thorough evaluation and treatment, and loves working with a wide variety of pediatrics seen in the ChildServe Concussion Clinic to identify and treat visual vestibular deficits. She enjoys seeing improvements in the children she treats and getting them back in to academics and previously enjoyed activities.



### There's no "I" in Team: A Coordinated Approach to Multidisciplinary Concussion Treatment

Following a concussion, patients and families often get conflicting opinions on how best to recover and are left trying to navigate the opinions of the doctor, coach, school, and child on their own. Research is challenging the "wait and see" approach to concussion management and recommends an active approach to return to learn and return to activities. However, this is most successful when all involved in the process are working together. Experts in pediatric therapy and brain injury will discuss an evidence-based active rehabilitation approach to concussion management including best practices for coordinating return to learn and return to play/activities.

#### **Objective:**

- Define concussion
- Understand the symptoms and evolution of symptoms typically seen throughout the recovery process
- Outline the systematic approach to active management of concussions
- Define the roles played by the medical, educational, family/student, athletic, and rehabilitation team members.
- Understand the components of Return-to-Learn and Return-to-Play protocols and the responsibilities of each team members throughout the processes
- Understand the roles all play in prevention of concussion

#### **Target Audience:**

Case managers, counselors, professionals

\*not limited to target audience